

Natalie - Norway

Hello Geoff! - Now I have finally written my story,
See you soon =)

I had ME for 6 years before I took the lightning Process. Every day was a living nightmare. I had to lie in a dark and quiet room. The pain in my body was really strong, but nothing helped. The most embarrassing thing was the brain fog, sometimes I could remember who I had talked or what we talked about. Having ME was a painful, lonely and a boring life. I tried everything to get better, but the disappointment was the same every time.

When Geoff called me and said that I had been accepted to take the lightning process I was really happy. But at the same time I tried not to be, I was afraid for another big disappointment.

The first day I came in a wheelchair. Being in my body was a living hell. I was really glad Geoff had had ME himself, to know that I was coming to a place where I would be understood helped me relax. First he explained the Lightning Process and why it works. I had brain fog, so don't remember much of that. Sitting there was hard, but I started to get a feeling that I was actually going to get well. At the end of day one it was time to try the Lightning Process. It was amazing, after taking the process a couple of times I felt some energy. First day was finished; my sister and I went to the shopping centre. I had to sit in the wheelchair, but I managed to sit straight, and all the noise and light didn't make me worse.

Day two was fantastic. I got better for every time I took the process! I couldn't stop smiling, I understood that I am actually going to get well. After day 2 we went to the shopping centre again, but this time I used the wheelchair to carry my bags. After 6 hours my legs were sore, but I had no ME symptoms.

Waking up day 3 was amazing; I could actually feel energy in the morning! For the first time I could say that I don't have ME anymore!! After having ME for 6 years I forgot how it felt to be well, and it was so much better than I thought it was!

It is two months since I took the lightning Process, and everything is still perfect! Now I go to the gym three times a week, spend a lot of time with friends, and slowly getting back to school! I can feel that I haven't used my body in six years, but I get stronger every day. I love every day of my new life!

It makes me sad to think about how many people that have ME, when you actually can get well in three days using the lightning process. ME is a terrible disease I don't wish my worst enemy to feel! Please believe that you can get well, and take the Lightning Process!